

## About Us:

- The Special Programs Resource Room is for students with an IEP or 504 plan. This room is designed to aid the general education and co-teacher with the students' modifications, accommodations, and any additional help the student may require. These could include:
  - Assistance with testing
  - Alternative testing environment
  - Assistance with projects
  - Reading 1:1
  - A place to make up work after an absence
  - Access to extra support
  - Access to social emotional programming
  - Assistance with crisis management
  - Safe space for emotional de-escalation



Imagine  
With all  
your mind.  
Believe  
With all  
your heart.  
Achieve  
With all  
your might.

### Outlook Academy Resource & Unwind Room

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## Resource & Unwind Room



**Outlook Academy**  
Thornton Township High School District 205  
South Suburban College  
Room 3361



## Resource Room

A **resource room** is a separate, classroom in a school where student learners with educational difficulties, such as specific learning disabilities, are given direct, specialized instruction and academic remediation and assistance with homework and related assignments as individuals or in groups.

What are the perks?

- Designated safe place where students can go to receive assistance
- Less distracting environment
- Better opportunity for success
- Can record responses
- Can meet social needs
- Assistance with specific areas where students have difficulty



## Unwind Room

What is the **Unwind Room**?

The Unwind Room is a safe place for student learners to utilize in effort to de-stress and de-escalate while receiving social-emotional support. Student learners will have access to social-emotional programming including but not limited to the following:

- Progressive Relaxation
- Yoga
- Anger Management
- Conflict Resolution
- Peace Circles
- Resiliency Building
- Communication Skills Training

Let's Remember the 8 Keys

Integrity

Failure Leads to Success

Speak with Good Purpose

This Is It

Commitment

Ownership

Flexibility

Balance

**"The Greatest Accomplishment Is Not In Never Falling, But in Rising Again After You Fall"**

**-Vince Lombardi**

