



March 2023 H.S. Breakfast Menu



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		1 Chicken Biscuit Sandwich Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	2 Cinnamon Raisin Bagel Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	3 French Toast & Syrup! Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk
6 No School Casimir Pulaski Day	7 Homemade Blueberry Muffin Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	8 Bagel w/Strawberry Cream Cheese Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	9 Chocolate Chip French Toast w/Syrup Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	10 Egg & Cheese English Muffin Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk
13 Whole Grain Super Donut Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	14 Whole Grain Waffles w/Syrup Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	15 Homemade Chocolate Chip Muffin Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	16 Flavored Yogurt Cheese Stick Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	17 French Toast & Syrup! Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk
20 Homemade Banana Muffin Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	21 Whole Grain Super Donut Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	22 Chicken Biscuit Sandwich Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	23 Cinnamon Raisin Bagel Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	24 No School Institute Day
27 W.G. Pancakes w/Syrup Just Picked Fresh Fruit Or 100% Fruit Juice Choice of Ice-Cold Milk	28 Homemade Blueberry Muffin Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	29 Bagel w/Strawberry Cream Cheese Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	29 Chocolate Chip French Toast w/Syrup Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk	30 French Toast & Syrup! Just Picked Fresh Fruit or 100% Fruit Juice Choice of Ice-Cold Milk

High School Breakfast Choices:

~ Daily Special
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~ Assorted Cereals

~ Grab n'Go Specials

All Breakfasts include fresh fruit or 100% Juice.

Menu may be subject to change.



March 2023 Lunch



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		1	2	3
		Baked Pasta Garlic Bread Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Chicken Nuggets W.G. Dinner Roll Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Grilled Cheese Sandwich 1 Cup of Tomato Soup Just Picked Fresh Fruit Ice Cold Milk Pint
6	7	8	9	10
No School Casimir Pulaski Day	Nacho Supreme Spanish Rice Corn Salsa Just Picked Fresh Fruit Ice Cold Milk Pint	Pasta Primavera Garlic Bread Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Chili Cheese Fries w/Soft Pretzel Bread Steamed Seasoned Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Cheese Sticks W/ Marinara Sauce Grilled Seasoned Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
13	14	15	16	17
Italian Meatball Sub Oven baked Fries. Just Picked Fresh Fruit Ice Cold Milk Pint	Chicken Fajita & Cheese Quesadilla Rice Pilaf Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	4-Star Mac & Cheese Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Sweet & Sour Chicken Brown Rice Seasoned Broccoli Just Picked Fresh Fruit Ice Cold Milk Pint	Three Cheese Grilled Cheese W/Vegetable Soup Just Picked Fresh Fruit Ice Cold Milk Pint
20	21	22	23	24
Popcorn Chicken Sub W/Lettuce, Tomatoes, Shredded Cheese and Buffalo Ranch Sauce Oven Baked Fries Just Picked Fresh Fruit Ice Cold Milk Pint	Baked Chicken Enchilada Casserole Lemon Cilantro Rice Just Picked Fresh Fruit Ice Cold Milk Pint	Oven Baked Chicken Parmesan Over Pasta Oven Roasted Garlic Broccoli Just Picked Fresh Fruit Ice Cold Milk Pint	Baked Chicken Tenders Mashed Potatoes W.G. Dinner Roll Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	No School Institute Day
27	28	28	28	28
Chicago Style Beef Hot Dogs Oven Baked Fries. Just Picked Fresh Fruit Ice Cold Milk Pint	Cheesy Walking Taco Spanish Rice Refried Beans Just Picked Fresh Fruit Ice Cold Milk Pint	Baked Mostaccioli Garlic Bread Seasoned Green Beans Just Picked Fresh Fruit Ice Cold Milk Pint	Chicken Stir Fry W.G Fried Rice Sauté Veggie Just Picked Fresh Fruit Ice Cold Milk Pint	Cheese Calzone W/Pizza Sauce Oven Roasted Veggies Just Picked Fresh Fruit Ice Cold Milk Pint

Hi Thornton, D205!

We're so happy to be here! We are OrganicLife, and we are so excited to fuel you through this school year with delicious, healthful meals! We bring better quality, better tasting, better-for-you foods into your cafeterias and aim to keep you happy, healthy, and of course well-fed! We want school lunch to be something you look forward to every day, so please share your feedback and menu ideas with us!

Daily High School Lunch Stations:

- ~Daily Special
- ←
- ~Mia Pasta
- ~ Nachos & Tacos
- ~ Luigi's Pizza
- ~Mmm...Burger
- ~Regular Chicken Sandwiches
- ~Spicy Chicken Sandwiches
- ~Nish Nosh Deli
- ~Grab n' Go Salads

Milk Choices:

1% White or Fat Free Chocolate

All meals include Fresh fruit and Fresh or Steamed Veggies

March 2023 Snack Program



Artificial
Ingredients,
Additives,
Preservatives

High-Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		1 Cinnamon Crunch Bunch 100% Fruit Juice	2 Cheez-It Crackers 100% Fruit Juice	3
6 No School Casimir Pulaski Day	7 Banana Muffin 100% Fruit Juice	8 Vanilla Yogurt Cups Granola 100% Fruit Juice	9 Whole Grain Pretzel Snack Bag 100% Fruit Juice	10
13 Cheese Stick Saltine Cracker 100% Fruit Juice	14 WG Goldfish Cracker 100% Fruit Juice	15 Cinnamon Crunch Bunch 100% Fruit Juice	16 Cheez-It Crackers 100% Fruit Juice	17
20 No School President's Day	21 Banana Muffin 100% Fruit Juice	22 Vanilla Yogurt Cups Granola 100% Fruit Juice	23 Whole Grain Pretzel Snack Bag 100% Fruit Juice	24
27 Cheese Stick Saltine Cracker 100% Fruit Juice	28 WG Goldfish Cracker 100% Fruit Juice	29 Cinnamon Crunch Bunch 100% Fruit Juice	30 Cheez-It Crackers 100% Fruit Juice	31

This Institution is an equal opportunity provider.

Menu may be subject to change.

March 2023. Supper Program



Artificial
Ingredients,
Additives,
Preservatives

High-Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		1 Chicken Caesar Wrap Fresh Veggie 100% Fruit Juice	2 Ham and Cheese Sub Celery Sticks Ranch Packet 100% Fruit Juice	3
6 No School Casimir Pulaski Day	7 Smoked Turkey Ham Sandwich Baby Carrots/Ranch Packet 100% Fruit Juice	8 Chicken Caesar Wrap Fresh Veggie 100% Fruit Juice	9 Ham and Cheese Sub Celery Sticks Ranch Packet 100% fruit Juice	10
13 Sun butter Sandwich Fresh Veggie 100% Fruit Juice	14 Smoked Turkey Ham Sandwich Baby Carrots/Ranch Packet 100% Fruit Juice	15 Chicken Caesar Wrap Fresh Veggie 100% Fruit Juice	16 Ham and Cheese Sub Celery Sticks Ranch Packet 100% fruit Juice	17
20 Oven Roasted Turkey and Cheese Sub Fresh Veggie 100% Fruit Juice	21 Smoked Turkey Ham Sandwich Baby Carrots/Ranch Packet 100% Fruit Juice	22 Chicken Caesar Wrap Fresh Veggie 100% Fruit Juice	23 Ham and Cheese Sub Celery Sticks Ranch Packet 100% fruit Juice	24
27 Sun butter Sandwich Fresh Veggie 100% Fruit Juice	28 Smoked Turkey Ham Sandwich Baby Carrots/Ranch Packet 100% Fruit Juice			

This Institution is an equal
opportunity provider.

*Menu may be subject to
change.*

March 2023. Faculty Lunch



Artificial
Ingredients,
Additives,
Preservatives

High-Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		1 Chicken Parmesan Over Pasta and Marinara Sauce Roasted Garlic Broccoli Garlic Breadstick	2 Chef's Special	3 Tuna Melt Sandwich Or Grilled Chicken Patty Sandwich Small Side of Pasta Salad Seasoned Fries
6 No School Casmir Pulaski Day	7 Chef Special	8 Fresh & Easy Veggie Spaghetti w/Marinara sauce Garlic Cheesy Bread	9 Stuffed Peppers Mashed Potatoes Seasoned Broccoli	10 Fish and Chips Tartar Sauce Small Side of Cloe Slaw
13 Chicken Po-Boy Sandwich Oven Baked Seasoned Potato Wedges	14 Taco Tuesday! 2-Tacos, Soft- or Hard- Shell Tortillas Choice of Roasted Bell Peppers or Chicken Spanish Rice Refried Cheesy Beans	15 Oven Baked Pasta W/Slices of Italian Sausage or Choice of Baked Meatless Pasta Roasted Garlic Broccoli Dinner Roll	16 Fried Chicken Basket Side of Southern Mac & Cheese Garlic Bread Toast	17 3-Grilled Cheese Sandwich and Small Side of Tomato Soup Small Bag of Lays Chips
20 Italian Sausage with Peppers and Cheese Season Fries Or Roasted Italian Vegetable Wrap	21 Burrito Bowl Choice of Roasted Veggies, Beef or Chicken Spanish Rice Refried Beans	22 Choice of Homemade Veggie or Meat Lasagna Small House Salad Dinner Roll	23 Sweet and Sour Chicken Stir Fry Veggies White Rice Or a Hot Roasted Veggies and Mushroom Wrap	24 No School Institute day
27 Hot Italian Beef Sandwich w/ Cheese American Seasoned Diced Potatoes	28 Build Your Own Nacho Choice of Seasoned Veggies, Chicken or Taco meat Lemon Cilantro Rice Seasoned Black Beans	29 Homemade Meatloaf Garlic Cheesy Mashed Potatoes & Gravy Roasted Veggies Garlic Bread	30 4-Chicken Wings Choice of BBQ or Hot sauce Small side of Potato Salad Garlic Bread	31 Fish Sandwich Oven Fried Tater-Tots Small Side of Cloe Slaw

**Daily Breakfast
Options:**

- ~ Oatmeal with Assorted Toppings
- ~ Sausage Links/Patties
- ~ Scrambled Eggs
- ~ Hash Browns
- ~ Assorted Baked Goods
- ~ Pancakes or Waffles
- ~ Coffee & Tea Service

**Daily Faculty
Lounge Options:**

- ~ Daily Special
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- ~ MmmBurgers
- ~ Grilled or Breaded Chicken Breast Sandwich
- ~ Luigis Pizza
- ~ French Fries
- ~ Assorted Pies
- ~ Potato Chips
- ~ Pepsi Products

Soup of the Day:

- ~ Mon: Chicken & Rice
- ~ Tue: Loaded Baked Potato
- ~ Wed: Cream of Broccoli
- ~ Thurs: Chicken Noodle
- ~ Fri: Vegetable Soup

Menu may be subject to change

4-Star Schod
LunchProvider!



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.