CHAPTER 22
ILLEGAL DRUGS
Any unnecessary or improper use of chemical substances for non-medical purposes.
Illegal drugs – chemical substances that people of any age may not lawfully manufacture, possess, buy, or sell

Illicit drug use – the use or sale of any substance that is illegal or otherwise not permitted
WHAT INFLUENCES TEENS TO DO DRUGS?

- Peer pressure
- Family members
- Role models
- Media messages
- Perceptions of drug behavior
- Misleading information
HOW DRUGS AFFECT YOUR HEALTH

- Physical health
  - **Overdose** – a strong, sometimes fatal reaction to taking a large amount of a drug

- Mental health

- Social health
OTHER EFFECTS

- Tolerance
- Psychological dependence
- Physiological dependence
- Addiction

Drug use has many other consequences for the individual, their family and friends, and society.
MARIJUANA

- A plant whose leaves, buds, & flowers are usually smoked for their intoxicating effects
- Often a gateway drug
- May be laced with other drugs
- Many health risks (See Figure 22.5 pg. 599)
- Causes paranoia – an irrational suspiciousness or distrust of others
INHALANTS

- Substances whose fumes are sniffed or inhaled to give effect
- Includes solvents, aerosols, glues, paints, varnishes, & gasoline
- Kills brain cells, may cause death
ANABOLIC-ANDROGENIC STEROIDS

- Synthetic substances similar to male sex hormones
- May be prescribed for some medical conditions
- Many physical and mental side effects
PSYCHOACTIVE DRUGS

- Chemicals that affect the central nervous system and alter activity in the brain
- Includes stimulants, depressants, opiates, and hallucinogens
PSYCHOACTIVE DRUGS

- **Designer drugs** – synthetic drugs that are made to imitate the effects of other drugs
- **Euphoria** – a feeling of intense well-being or elation
DEPRESSANTS

- Drugs that tend to slow the central nervous system
- AKA – sedatives
- Includes barbiturates, GHB, Rohypnol (roofies), & tranquilizers
HALLUCINOGENS

- Drugs that alter moods, thoughts, & sense perceptions, including vision, hearing, smell, & touch
- Includes Ecstasy, DXM, Ketamine, LSD, Mescaline, PCP, mushrooms
STIMULANTS

- Drugs that speed up the central nervous system
- Includes amphetamines, cocaine, crack, methamphetamine (meth)
- Also includes nicotine and caffeine
OPIATES

- Drugs such as those derived from the opium plant that are obtainable only by prescription and are used to relieve pain
- AKA – narcotics
- Includes codeine, heroin, morphine, opium, OxyContin
REMAINING DRUG FREE

- Choose friends who are drug free
- Think about your values ahead of time
- Practice refusal skills
- Stay away from situations where drugs could be present
- Choose healthy alternatives
Drug Prevention

- **Drug-free school zones** – areas within 1000 to 1500 feet of schools and designated by signs, within which people caught selling drugs receive especially severe penalties.

- **Drug watches** – organized community efforts by neighborhood residents to patrol, monitor, report, and otherwise try to stop drug deals and drug abuse.
BECOMING DRUG FREE

- Beware of warning signs (Figure 22.15 pg. 614)
- Many types of counseling are available
- Rehabilitation – the process of medical and psychological treatment for physiological or psychological dependence on a drug or alcohol