



Wrestling Conference

Champions

SWSC All Conference Team

2018-**Darael Dugar-220lbs

Devon Gordan-195lbs

2017- Jamari Brown-152lbs

Darael Dugar-220lbs

SICA Conference Champions

2006- Kevin Hairston-160lbs

2001-Dexter Wright-103lbs

Terrance Horn-104lbs

2000-Dexter Wright-103lbs

1999-Jaquaey Bean-135lbs

Byron McClinton-145lbs

1998-Calvin Glasby-140

1997-David Douglass-135lbs

1996-David Douglass-135lbs

Lashaun Jackson-171lbs

1995-Leonard Bowens-103lbs

David Douglass-119lbs

Renard Lewis-171lbs

1994-Leonard Bowens-103lbs

1993-Mike Douglass-152lbs

1992-Shawn White-125lbs

Mike Douglass-140lbs

Donte McFarland-152lbs

1991-David Salinas-189lbs

1987-Lou Debs-126lbs

1986-Lou Debs-119lbs

1982-Elbert Lewis-132lbs

1980-Steve Pallotto-145lbs

1978-Al Ferreira-132lbs

1975-Charles George-138lbs

1972-Dave Gilfand-185lbs

1971-Tom Rossiano-112lbs

Jim Davis-126lbs

Dennis Bruggeman-145lbs

Jeff Morris-167lbs

Ames Martin-185lbs

John Dienema-Hwt

1970-Tom Rossiano-98lbs

1969-Gary Moss-120lbs

Tony Cruz-154lbs

Joe Studnik-185lbs

1967-Glen Park-112lbs

Mike Laricca-Hwt.

1963-John Bruggeman-133lbs

**** Southwest Suburban Conference Wrestler of Year**

1973-1960 Thornridge was in the South Suburban Conference